**SEEING THROUGH THE BARS**

Philippians 4:10-23

Discussion Questions

1. What did you think of the testimonies of some of the individuals who went out on mission trips this year? If you’ve never been on a short-term mission trip, would you consider going to help with the recovery effort in Texas? If you have gone out, what blessed you the most about your experience?

2. According to Philippians 4:13, “we can do all things through Him who gives us the strength.” How many of you thought that that verse means you can accomplish any worldly feat you set your mind to? How many of you have experienced what it really means, that you can have Christ’s strength and power during difficult times? Explain your answer.

3. What do the following verses say about God’s power which is available to us?

* II Corinthians 12:9-10
* Isaiah 40:29-31
* Colossians 1:9-11
* II Timothy 4:17
* II Timothy 1:7

4. What do you think Paul meant by Philippians 4:19? Don’t forget to consider the context of this verse.

5. Paul was clearly thankful and in love with the church at Philippi. Who are some of the people in your church who you are thankful for, and who you have grown to love? Why are you thankful for them?